

# GCSE Physical Education

**Board and Syllabus:** At Taunton School we follow the AQA syllabus for the full course Physical Education.

## Course Content

The course is divided into two sections:

(a) Practical (60%)

This studies the effective performance and analysis of physical activities and assesses *four* activities from a wide range of games, athletics and swimming. This aspect of the course is continuously assessed and externally moderated.

(b) Theory (40%)

This is a study of the factors affecting performance and participation in physical activity and is sub-divided into four sections:

- Health and Fitness
- Principles of Training
- Factors affecting Individual Performance
- Social and Cultural Factors

## General

Physical Education at GCSE level has continued to grow in popularity on a national level and that increase has been reflected at Taunton School where, over the years, a large number of students has achieved a consistently high percentage pass rate.